

CHALLENGE #2



Leisure Activities

What we have done:

- Dinners in with friends.
- Going for a walk/walking the dog.
- A trip to a local vineyard.
- Visiting an orchard to go apple picking.
- A trip to the farmers market.
- Reading a book.
- Playing the ukulele.
- Sewing *Snuggies* for the upcoming winter weather.
- Working out at the gym.
- Bike Rides
- Camping
- Hiking

How we made it green:

- Make it a Potluck! Have each friend contribute a dish to the dinner to create a family style meal. Encourage them to carpool.
- Exploring a vineyard, orchard and/or farmers market can be a relaxing way to spend a Saturday afternoon with friends while supporting the local wine makers and farmers.
- Making winter weather clothes will help to cut down on the use of heat (gas/electric) during the winter months and keep you snug and warm.
- Going on bike rides, camping or hiking is a environmentally friendly way to have fun and stay healthy!

Challenges

- Living in the suburbs of D.C. poses some challenges when it comes to living green:
 - We depend on the use of our cars to get us to and from work, to the farmers market, camp grounds, bike trails and our friends' homes.
 - While Metro is available as an option, for many of us getting to the station requires us to drive a car.
 - Public buses are available but take much more time out of our already busy days to run our errands and are still far and few between.
 - Many of us live in apartments and/or condos where the dream of a garden can not become a reality, making us dependant once again on our vehicles to get us to and from the store.

Other Challenges

- For many of us watching a movie, catching the game on T.V. or listening to the radio is a way for us to unwind.
- While walking or jogging can be a relaxing way to spend an afternoon , many of our cities are not very pedestrian friendly often making it unsafe for the naturalist in us.